



# MOURA MINOR

## "WE STRIVE FOR GREAT THINGS"

Term 1, Week 2

5th February 2026



### From the Principal's Desk

Dear Students, Parents/Caregivers and Friends

Welcome to our first official newsletter for the 2026 school year. It has been a great start to the new school year with everyone settling very quickly into routines. The learning journeys of all students are well underway.

Welcome also to our new families!! We look forward to getting to know you further.

In addition to the must do teaching and learning for the term, students and parents/caregivers can look forward to extra activities. Plans are underway for sporting activities. There will be two P&C Association meetings on the Mondays of Weeks 3 and 8. The Year 6 camp is locked in for Week 5 of this term (ie 23-27 February).

Keep informed about school and class happenings by perusing the newsletter every second Thursday (a copy can be found on the school website if your email option has not worked), attending P&C meetings, reading your child's class newsletter each term, reading emails from class teachers.

### CONGRATULATIONS

A huge congratulations to Kobie and Blake for achieving 100% attendance for the 2025 school year. This is well worth celebrating! Both girls were very healthy and

their families did not have extra happenings that went into school time. Well done, Girls!!

At the end of the 2025 school year, it was my pleasure to send mail to 39% of our students for their super learning and effort – A/B for English, Maths and Science (just Eng and Maths for Prep) along with A/B effort in these subject areas. Congratulations to you super learners!

### OPEN AFTERNOON

Instead of having each class teacher holding a parent information session, parents/caregivers are invited to visit classrooms on Tuesday 17 February 3:15-4:30 pm. You can meet your child's teacher (if you have not already done so), learn about what your child is learning about, see what Write2Spell2Read involves, understand the classroom expectations etc. Your child is welcome to attend with you. Our P&C Association will be in attendance too to get to know you and to answer any questions you may have.

### GENERAL REMINDERS

It is timely at the start of a new school year to remind everyone about a few school expectations.

1. NO HAT, NO PLAY AT ALL! A hat is one that has a broad brim with string removed – not a cap. Cowboy hats, or similar, are NOT school uniform hats.
2. Student Absences: It is a requirement that student absences are explained. This can be done by phone call, note, QParents or email – either before the absence if it is a



planned one, or after the event.

Unexplained absences are recorded in the student's records. **MAKE EVERY DAY COUNT.**

3. Uniforms: Boys – royal blue polo shirt with black shorts. Girls – royal blue polo shirt with black skirt/skorts or shorts. All students are to wear broad brimmed hats (preferably blue) and shoes and socks. House colours (ie green for Flinders, red for Oxley and yellow for Sturt) with black shorts/skirts. Shirts need to be tucked in for learning time and special occasions (eg parades). Socks need to be worn at ankle height – not halfway up the shins or at knee height.
4. Uniform shirts can be purchased from Moura Post Office.
5. **ALL GEAR NEEDS TO BE NAMED!**
6. Jewellery: The only jewellery items allowed to be worn at school are sleeper or stud earrings, signet rings and medic alert necklaces/bracelets.
7. Temporary tattoos/makeup: These items are not permitted. This includes fingernail polish.
8. Arrival time at School: If children arrive before 8:30 am, they are to sit and wait quietly in the bus line area until the 8:30 am bell when they are free to play quiet games.
9. Away for the Day means that phones (and other electronic devices) are to be taken to the office upon arrival at school and picked up at the end of the day. Smartwatches will need to have 'Notifications' switched off. Visit '[Phones Away for the Day](#)' for more information.
3. Lunch box contents – healthier food options such as sandwiches or similar (rice cakes, wraps) and fruit are encouraged to be eaten before the packaged biscuits and chips. Water only in water bottles. NO chocolates or lollies.



#### Absence Line



It is important to notify us if your child will be absent from school.  
Please phone our absence line on 4997 5222

#### **STUDENT CODE OF CONDUCT**

Look out for further information about behaviour expectations and processes in class newsletters and weekly school newsletters. Further in today's newsletter you will find the Behaviour Expectations that is based around our school values of the Four Bees – Be Safe, Be Learning, Be Courteous, Be Responsible.

The posters show what Ready to Learn and being a Super Bee look like. A third poster outlines the steps that are to be followed when having difficulty being Ready to Learn. See the graphics further in the newsletter.

#### **STUDENT ABSENCES – EVERY DAY COUNTS**

As we start the new school year, parents are reminded of the importance of sending children to school every day. Being at school every day counts, with one day absent each week quickly adding up to two months of missed lessons in a year. Research shows that students who have a good attendance record are more likely to achieve high results.

Unless your child is ill, it is expected that your child will be at school learning every day of the school year.

More information on the importance of regular school attendance is available at <http://education.qld.gov.au/everydaycounts/index.html>

#### **PARKING AROUND THE SCHOOL**

Please take extra care when parking around the school and use the parking areas properly. Staff park on the rail line side of Gillespie Street to allow space for parents to park on the school side of the street for drop offs and pick ups.

There should be plenty of space on this side of the street for parents to angle park and thus limiting the need for students to cross the street.

Also note that in Masters Street (the street that runs along the Prep side through to the Rec Grounds) parking is limited to certain areas. Parking on the bike racks side of the street and into the Rec Grounds, especially on the school side, is NOT a safe option. It is very busy with bikes, scooters, prams, students etc at the end of the school day. Please ensure you park correctly and obey the speed limits. Children's safety, and yours, are our top priority!

## MEDICATION

If your child requires medication while at school, please ensure that you visit the Office to complete the relevant forms. Coming into cooler months, it is especially important to ensure that asthma medication is sent to school.

EpiPens and asthma medication must be accompanied by a current Action Plan, and the medication must have a prescription label with your doctor's name on it. Other medications, including Panadol/Nurofen must also be labelled by a doctor.

## BUS PROCEDURES

If you are picking your child up and they are off the bus, please notify the office well before 3pm or, if you cannot notify the office, you need to sign them off the bus roll at the office. ALL PREP children who catch a bus MUST always be picked up from the office and NOT the Prep classrooms. This saves a lot of confusion for everyone.



## WELLBEING

### Week 1



### Introducing The Resilience Project

Students were introduced to TRP and what it is about with a focus on Emotional Literacy and Gratitude.

### Week 2



### How to Use the Tools & Resources from The Resilience Project

This week, students will learn how to confidently navigate and use their TRP (The Resilience Project) Student Journals. Students will explore the Mood Tracker and GEM Reflections and understand why weekly interaction with these pages supports emotional awareness, reflection, and wellbeing.

## THOUGHT FOR THE WEEK



Yours in education.

*Laurel*

## SAFER INTERNET DAY Tues 10 Feb Safer Internet Day 2026 | [eSafety Commissioner](#)

### What is Safer Internet Day?

[Safer Internet Day](#) is a global day of action bringing communities, schools, organisations and families from 180 countries together to raise awareness of online safety issues and work towards a safer internet.

## eSafety leads the day in Australia

Why is Safer Internet Day important? The internet connects us more than ever – it's where we learn, work, socialise and share our lives. But that also means online risks are part of everyday life.

Safer Internet Day is an opportunity to take a moment to talk about what's really happening online, and think about what we can each do to make it better. Because when we each do something small – whether that's starting a conversation, sharing a tip or changing a habit – we make a big difference to everyone's online experience.

We rely on the internet for almost everything in our lives, so online safety is more important than ever.

As online abuse and new risks continue to grow, it's important to educate ourselves and others at work, at home, at school and in the community on how to be safer online. Whether you're an educator, professional, parent or student, everyone can follow our top 5 tips to help make the internet a safer, more positive place for all.

1. Be kind Show empathy, respect and kindness in every online interaction.
2. Balance time online Make space for offline connection, rest and reflection.
3. Speak up Report online abuse and harmful content to eSafety.
4. Protect your space Use privacy settings, strong passwords or parental controls to keep you and your kids safe online.
5. Start the conversation Talk about online safety with your networks - family, friends, colleagues, communities.



## NATIONAL LUNCHBOX WEEK

National Lunchbox Week is an initiative of Nutrition Australia that aims to inspire Australian families to create enjoyable and nourishing lunchboxes.

Throughout the campaign we're celebrating the lunchbox and how it reflects diversity, enjoyment and nourishment.

Encouraging enjoyable and pressure free lunchbox experiences supports children's wellbeing and helps build a positive relationship with food.

National Lunchbox Week helps families, schools and early childhood settings by:

- inspiring practical lunchbox ideas and recipes
- supporting positive lunchbox experiences for children
- embracing the diversity of lunchboxes
- promoting supportive, judgment-free conversations around food.

### Why 9 - 15 February?

Occurring at the start of Term 1, National Lunchbox Week provides timely information for families as they return to the routine of daily lunchbox packing. It also supports schools, early childhood settings, teachers and educators to share inclusive lunchbox messages within their school and early childhood community.

Visit our [Lunchbox Week website](#) for: lunchbox friendly recipes fact sheets and lunchbox tips videos.

## QPARENTS

Have you registered for QParents yet? Registering is easy (information was emailed) and by downloading the free app you can stay connected with the school, notify of absences, view report cards, pay invoices and receive school announcements. A big shout out to Year 1 parents who have the highest participation rate to date!

## A Few Questions to Ask Your Child about His/Her Day at School

Get a sense of your child's life at school by asking questions that elicit more than a one-word response. The trick is to ask about things that are specific, but still open-ended. Move beyond "fine" and "nothing" by asking your child to describe his world. It's also great to start the conversation with an anecdote from your own day. Try one of these conversation-starters:

- Tell me about the best part of your day.
- What was the hardest thing you had to do today?
- Did any of your classmates do anything funny?
- Tell me about what you read in class.
- Who did you play with today? What did you play?
- Do you think math [or any subject] is too easy or too hard?
- What's the biggest difference between this year and last year?
- What rules are different at school than our rules at home? Do you think they're fair?
- Who did you sit with at lunch?
- Can you show me something you learned (or did) today?

Other Questions a child will answer at the end of a long school day:

- What did you eat for lunch?
- Did you catch anyone picking their nose?
- What games did you play at recess?
- What was the funniest thing that happened today?



- Did anyone do anything super nice for you?
- What was the nicest thing you did for someone else?
- Who made you smile today?
- Which one of your teachers would survive a zombie apocalypse? Why?
- What new fact did you learn today?
- Who brought the best food in their lunch today? What was it?
- What challenged you today?
- If school were a ride at the fair, which ride would it be? Why?
- What would you rate your day on a scale of 1 to 10? Why?
- If one of your classmates could be the teacher for the day who would you want it to be? Why?
- If you had the chance to be the teacher tomorrow, what would you teach the class?
- Did anyone push your buttons today?
- Who do you want to make friends with but haven't yet? Why not?
- What is your teacher's most important rule?
- What is the most popular thing to do at lunch time?
- Does your teacher remind you of anyone else you know? How?
- Tell me something you learned about a friend today.
- What is one thing you did today that was helpful?
- When did you feel most proud of yourself today?
- What rule was the hardest to follow today?
- What is one thing you hope to learn before the school year is over?
- Which person in your class is your exact opposite?
- Which area of your school is the most fun?
- Which playground skill do you plan to master this year?
- Does anyone in your class have a hard time following the rules?



Aiden B, Paige H, Evelyn S, Jeswin J,  
Flynn H, Eli S.



Connor T, Hazezl M, Joseph P, Maddison W,  
Minnie J, Evelyn S, Ivy B, Olive D, Ricky DR.

**TERM  
1**

# Dates to Remember

**Week 2**

**6<sup>th</sup> February**  
Tuckshop resumes

**Week 3**

**10<sup>th</sup> February**  
Safer Internet Day

**Week 4**

**16<sup>th</sup> February**  
P&C Meeting  
5.45pm MSS Library

**Week 5**

**23<sup>rd</sup> February**  
Year 6 Camp

**Week 6**

**17<sup>th</sup> February**  
Open Afternoon  
3.15-4.30pm

**19<sup>th</sup> February**  
Year 6 Induction  
9.30am

51 Gillespie Street, PO Box 182, Moura QLD 4718. Telephone: 49975222

Email: [principal@mourass.eq.edu.au](mailto:principal@mourass.eq.edu.au) <http://www.mourass.eq.edu.au>

Office hours 8am—3:30pm



Congratulations to Kobi  
and Blake on achieving  
100% attendance in  
2025.

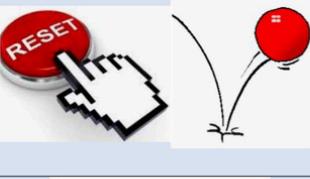


## Students of the Week



Week 1



	<h2>Reminder 1</h2> <p>I need to stop and think about my actions. I need to follow the 4 Bes.</p>
	<h2>Reminder 2</h2> <p>I need to stop and <u>take a breath</u>, think hard about my actions and follow the instruction.</p>
	<h2>Reflect and Return</h2> <p>I need some time to sit away from others to do my work. I need to think about how my actions are affecting others. I will have a conversation with the teacher at the end of the session regarding what was upsetting me or about my behaviour.</p>
	<h2>Re-set and Bounce Back</h2> <p>I need some time in my Re-set Class to calm down and reflect on what is happening. When I come back I will re-set myself and follow the 4 Bes.</p>
	<h2>Referral</h2> <p>I have not been able to calm, re-focus and continue with my work after I returned from my Re-set Class. My teacher will call the office and someone will come and get me.</p>



# Wellbeing



**TERM 1 | WEEK 1 | 2026**

## Our Wellbeing Focus

Supporting students from Prep to Year 6 with evidence-based programs to build resilience and positive relationships.

### THE RESILIENCE PROJECT ★ GEM



**GRATITUDE** **EMPATHY** **MINDFULNESS** **EMOTIONAL LITERACY**

#### Why Wellbeing Matters

- Strong wellbeing skills help students:
- Build resilience and confidence
- Strengthen friendships & relationships
- Develop emotional regulation skills
- Feel safe, supported and ready to learn

#### Partnering with Families

Explore wellbeing resources online:

- The Resilience Project** <https://theresilienceproject.com.au>
- TRP@HOME** <https://theresilienceproject.com.au>
- You Can Do It! Education** <https://youcandoiteducation.com.au>
- YOU CAN DO IT!** <https://youcandoiteducation.com.au>

# Wellbeing

**Term 1, Week 2**

## How to Use the Tools & Resources from The Resilience Project

This week, students will learn how to confidently navigate and use their The Resilience Project (TRP) Student Journals.

Students will explore the Mood Tracker and GEM Reflections and understand why weekly interaction with these pages supports emotional awareness, reflection, and wellbeing.

**Student Journal**



**Weekly Mood Tracker**



**GEM Reflections**





## P&C ASSOCIATION MOURA STATE SCHOOL

### Welcome to Term 1

We hope you had a wonderful start to the 2026 school year, and we hope to see many friendly faces join our P&C again this year. The Moura State School P&C is a group of volunteers made up of parents of the school and members of the community. It is our aim to help the school provide our students with the facilities, resources and opportunities that will allow them to Strive for Great Things. We run a Tuckshop each Friday (unless otherwise advertised) and annual fundraisers such as Mother's & Father's Day stalls, Picture Products and Spellathon. We also organise and run the canteen on Cross Country and Athletics Carnival days. The P&C meet twice each term, Week 3 and Week 8, to discuss projects and current happenings. Fill out the P&C Membership Form (absolutely free of charge) and be part of this wonderful organisation.

### Tuckshop

Hooray Tuckshop is back! Order your kids delicious lunch for Friday now via Qkr! app. Orders need to be in by 9am on Thursday. Please make sure you update your child's class allocation before your first order for this year.

### Stalls and Canteens

We are currently on the lookout for two amazing individuals to take on Mother's/ Father's Day Stall and Sports Canteen organisation for this year. If you are interested, please reach out and we are more than happy to provide more information.



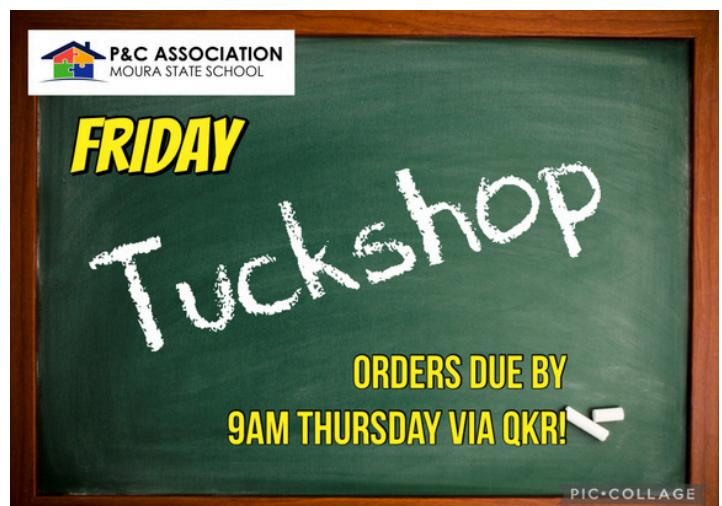
# P&C NEWS

### Next Meetings

General Meeting : Monday, 9th February,

5.45pm at the MSS Library

General Meeting & AGM: Monday, 16th March, 5pm at the MSS Library



### QKR! Setup

The P&C run Tuckshop EVERY FRIDAY (unless advertised).

This year, our first tuckshop day will be FRIDAY 6<sup>TH</sup> FEBRUARY – Week 2

#### YOU MUST ORDER BY 9AM ON THURSDAYS.

WE NEED TO BE ADVISED NO LATER THAN 8AM ON FRIDAY if your child will be away from School and a Tuckshop order has been placed or your order will NOT be held over for the next week. Food will already have been prepared.

Returning Students will need to have their classes updated on the QKR App.

- 1) Log into App
- 2) Choose Moura State School
- 3) Go to PROFILES
- 4) Choose Student and change their class
- 5) If you have a new student in your family – choose Add Profile

New Families to the School:

- 1) Download QKR! App



Or

Go to <https://qkr-store.qrschool.com/store/#/home>

- 2) Search for "Institution Name" by typing Moura
- 3) Follow the prompts to set up an account and add your student/s

IF THE APP DOES NOT WORK ON YOUR PHONE...

Save the website address above and login to order through this URL.

**PLEASE MAKE SURE YOU HAVE SELECTED THE CORRECT CLASS FOR YOUR STUDENT/S. It is very hard for the Tuckshop staff to work out where to send food if a class is not associated with a student's name.**

# Packing a Lunchbox



Our fact sheets provide plenty of tips and ideas on packing positive, enjoyable and nourishing lunchboxes.



Visit the website for more!



[lunchboxweek.org](http://lunchboxweek.org)  
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# Lunchbox Recipes



We have created a range of tasty, budget friendly lunchbox recipes that can be made ahead ready to pop in the lunchbox on busy mornings.



[lunchboxweek.org](http://lunchboxweek.org)  
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# QParents

Stay connected with your child's school.



This free and secure app allows you to:

-  provide digital consent
-  notify of absences including future absences
-  manage your child's information
-  view report cards, upcoming events and timetables
-  pay invoices and view payment history
-  receive school announcements

Learn more about QParents  
on our website



Download the free app

 Android  Apple



DELIVERING  
FOR QUEENSLAND



Queensland  
Government

# Back to school boost



## Information for parents and carers

### About the Back to school boost

The Queensland Government is introducing the Back to school boost from 2026, which provides \$100 for every primary school student (Prep to Year 6) to assist families with school-related costs.

Parents and carers can choose how the \$100 can be used towards school-related expenses.

### For state school students

A \$100 credit will be applied to the student's school account. Parents and carers can choose to use the credit to reduce the school's Student Resource Scheme (SRS) fees. Or they can use it for school-organised camps, excursions, incursions and extracurricular activities, stationery items purchased from the school, uniforms or excellence programs offered by the school.

### For students at non-state schools

The non-state school sector will be responsible for administration of the \$100 Back to school boost, including how it can be applied to reduce school fees or other related school costs.

### Not a cash payment

Back to school boost will not be issued as a voucher or given to parents and carers as a cash payment to purchase items outside their child's school.

The funds can only be used to reduce fees or costs that schools charge to parents and carers directly. It cannot be used to reimburse families for items they purchase directly from an external or third-party supplier.

### Ways to use the Back to school boost

Parents have the choice on how their \$100 Back to school boost credit is applied.

For state schools that have an SRS, the credit can be applied to reduce the cost of your child's SRS fees.

If parents and carers choose not to apply the \$100 to SRS fees, or a school does not have a SRS, the funds can be applied to the cost of other items or activities offered by the school. For example, school-organised camps, excursions, incursions and extracurricular activities, stationery items purchased from the school, uniforms or excellence programs offered by the school.

## Evidence of how funds are used

State schools are required to provide full transparency on how the Back to school boost funds have been applied.

## Carry-over of unspent funds

Any unspent Back to school boost funds remain on a student's account and will carry over to the next year while a child remains at the same state school.

## Outstanding debts from before 2026

A state school cannot use the Back to school boost to offset debts relating to charges for resources used prior to 2026. Debts related to these charges must be managed in accordance with [debt management procedure](#).

## Changing schools during the year or graduating Year 6

The \$100 Back to school boost is provided once per year. If a child changes to another Queensland state or non-state school during the year, they will not receive another \$100.

Parents and carers may request a refund of any remaining funds in their child's account when they leave the school or graduate at the end of Year 6.

State schools will advise parents and carers of any remaining funds on a student's account as part of the departure process. Please contact your child's school to request a refund prior to leaving the school.

**Non-state schools:** decisions regarding refunds for students who leave a non-state school part way through the year, will be made at the discretion of the school. Parents and carers should contact their child's school directly to discuss refund policies and arrangements.

## Special schools

All students in primary school (Prep-Year 6) are eligible for the Back to school boost, including children who attend a special school.

## Schools of distance education

All students in primary school (Prep-Year 6) are eligible for the Back to school boost, including children who are enrolled in a school of distance education.

## Home education

The Back to school boost is available to children enrolled in home education, in line with current Textbook and resource allowance (TRA) arrangements. Home educating parents and carers receive information from the Department of Education (the department) outlining how they can provide payment details to the department to receive their Back to school boost.

## Moving to Queensland after Term 1 of a school year

Students who enrol in a Queensland state school for the first time after Term 1 of the school year, will be eligible for a pro-rata credit to be applied to their account on the following basis:

- students joining in Term 2 will be credited \$75
- students joining in Term 3 will be credited \$50
- students joining in Term 4 will be credited \$25.

## Living in NSW and attending a Queensland school

All students enrolled at and attending a Queensland state or non-state school are eligible for the \$100 Back to school boost. Eligibility is based on the school's location, not the student's place of residence.

However, if a family resides in Queensland and their child attends a school in another state, including a boarding school, the student will not be eligible for the payment.

## Financial support for secondary school students

All students in Years 7-12 enrolled in a state or non-state school in Queensland are eligible for the Textbook and resource allowance (TRA). This is separate to the Back to school boost and will continue for all students in Year 7-12. The 2026 TRA rates per student per year are:

- Year 7-10: \$164
- Year 11-12: \$357.

## Further information

Talk to your school if you have any questions.