



Moura Minor

"We strive for great things"

Term 2, Week 4

13th May 2021

Special points of interest:

- RDSS Cross Country
- NAPLAN breakfast
- School Uniform

THOUGHT FOR THE WEEK

Better to get a stiff neck from aiming too high than a hunch back from aiming too low.
– Jacques Chancel

From the Principal's Desk

Dear Students, Parents/Caregivers and Friends

National testing is over for another year (except for a couple of catch ups)! I am very proud of our Year 3 and 5 students for their commitment and efforts towards the testing this week. It is not an easy time for all involved because the process is quite formal but we all survived! The format is not unfamiliar! Reports are expected to arrive in Term 3.

Many thanks to Team Year 6 for organising breakfast for the happy testers. Our P&C Association is to be thanked too for supporting the Naplan Breakfast by providing the funds to purchase the breakfast food and allowing us to use their Tuckshop space for breakfast preparation and serving. A job well done to all involved!

As it is at any time of the term, every day counts. Please ensure your child is at school every day – unless of course they are unwell. The shorter weeks for teaching and learning makes it even more important that your child is at school every day so that they have every opportunity to do their best in their learning journey.

Congratulations to our Cross country runners who participated as members of the DV team at the RDSS (Rockhampton District School Sports) carnival in Rockhampton last Thursday. Even though there were no top 5 spots run, our runners did their best and enjoyed, and learnt from, the experience.

The annual Athletics (ie. track and field) carnival is the next sporting event on the calendar – Wednesday 02 June. A discus Activity Consent Form for 9-12 year olds was distributed this week so if you would like your child to participate in discus practice and events using a weighted discus, this form needs to be completed.

UNDER 8'S DAY

It is the early years classes that get an extra activity next week. On Wednesday the Prep to Year 2 classes will rotate through a range of Under 8's Day activities which does include time with our emergency services teams – police, fire brigade and ambulance. The theme this year is 'Children Celebrating Outdoor Play and Learning' so the activities to be experienced have been built around this theme. A huge thank you to Miss Montana Jessat and Mrs Kathy Finlay for organising this day for our students.

SCHOOL UNIFORM

With the cooler starts to our days many students are wearing long sleeves. Please be reminded that the jumpers/coats/skivvies need to be black or blue, have no logos/writing on them and definitely have NO hoods.

Long pants need to be black or blue too. NO jeans.

Shirts need to be tucked in for learning time so students/parents need to think about the ease of this

when wearing tights instead of track pants.

HATS need to be brought to school every day. At our school No Hat definitely means No Play – not even in the shade.

STUDENT CODE OF CONDUCT

This week's theme in Mrs Townsend's Wellbeing lessons has been about being nice and staying calm, even when someone does something to us that isn't nice. Our senior classes listened to an ABC podcast - Short and Curly: Mind Games and Teasing on the Sports Field and had some great discussions on what makes a 'good player' (general consensus: a good human). Our junior classes watched an episode of Bluey: Neighbours and discussed how to deal with things when they don't go our way (stay calm and speak nicely).

ON THIS DAY

13 May: 1787 The First Fleet departs Portsmouth, England, for Botany Bay.

1861 Astronomer John Tebbutt from Windsor, NSW, discovers what is later known as the 'Great Comet of 1861'.

1984 The \$1 coin replaces the \$1 banknote.

Yours in Education

Laurel

**DON'T COUNT THE DAYS
MAKE THE DAYS
COUNT**

Students of the Week



Happy Birthday!

9th to 15th May

Tazma, Elise, Eamonn, Tia

BRONZE CERTIFICATES

**Lincoln, Xavier B, Izaiah, Romain, Alexis,
Clancy, Elizabeth, Chloe A, Zoe, Tayla.**

COMINGS AND GOINGS – 270



School banking services will cease to be offered in our school and all Queensland state schools from 31 July 2021. In line with several other states and territories, the Department of Education's decision is in response to the [Australian Securities and Investments Commission's \(ASIC\) Review of School Banking Programs](#) report in December 2020. Students will be able to maintain their banking relationship directly with their bank. [Consumer and financial literacy](#) will continue to be delivered to students as part of the Prep to Year 10 Australian Curriculum, including [Moneysmart](#) and the [BuySmart competition](#).

BEST TIMES TO PICK UP CHILDREN EARLY FROM SCHOOL....



Just a reminder the best time to pick up your child/ren is when we have our breaks and **NOT** during school time as they are busy learning and, sometimes, it makes it difficult when they are doing other activities that are away from their classrooms. Best times for pick-ups are 11am, 12pm, 1.30pm or 2pm. Also, please give the office a phone call prior to coming to the school to pick the student/s up so as to give admin enough time to notify your child and their teacher, and have them waiting at the office.

Your assistance with this is greatly appreciated.

Students of the Week

| | |
|----------|---------|
| Prep F | Ava |
| Prep/1 S | Lucy |
| 1 J | Ella |
| 1/2 F | Rubi |
| 2 S | Tate |
| 2/3 W | Kaleb |
| 3 H | Jaxon |
| 4 H | Caeden |
| 4/5L | Sahkiah |
| 5 H | Ashlee |
| 6 H | D'haila |
| 6 M | Jackson |
| HPE Jnr | Maycee |
| HPE Snr | Curtis |

DATES TO REMEMBER

May 2021

| | |
|----|----------------------|
| 14 | Biloela Show Holiday |
| 31 | Year 5 Camp Fees Due |

June 2021

| | |
|------|-----------------------------|
| 2 | Athletics Carnival |
| 7-11 | Year 5 Camp |
| 18 | Dawson Valley Athletics Day |

Bee Awards

At our school, we want children to



Be Learning



Be Responsible



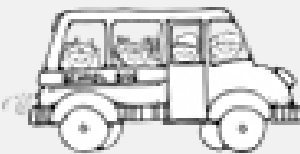
Be Courteous



Be Safe

Noah (Prep F), Liam B, E'maiha, Heidi, Noah K, Cooper (3H), Clancy, Jack D, Benson, Lea, Billie D, Jaylah, Isabelle E

Bus Children Reminder



If you are picking your child up and they are off the bus, please notify the office well before 3pm or, if you cannot notify the office, you need to sign them off the bus roll at the office. ALL PREP children who catch a bus MUST always be picked up from the office and NOT the Prep classrooms. This saves a lot of confusion for everyone. Thank you for your support with this matter.

WANTED

SCHOOL UNIFORMS

IF YOU HAVE ANY UNWANTED SCHOOL UNIFORMS, PLEASE SEND THEM IN TO THE OFFICE.



Moura State School Under 8's Day

Wednesday 19 May, 2021
10:00 am – 2:30 pm

Students in Prep-Year 2 will participate in a variety of activities which will explore children celebrating outdoor play and learning.

A fun-filled day to be had by all!



Year 5 Camp Parent Information Session

Wednesday 19th May
3.15pm
MSS Library

Topics to be discussed include:

- General camp information
- Camp itinerary
- Medication
- Behaviour expectations
- Travel arrangements
- Questions you may have

Mrs Haine and Miss Lucas look forward to meeting with you.



An Australian Government Initiative

Playing our part to build a national picture of child health

In early 2021, our school, along with thousands of others across the country will begin preparations for the fifth Australian Early Development Census (AEDC).

The AEDC gives us a national picture of the development, health and wellbeing of children in their first year of full-time school. Since 2009, the census results have helped communities, schools and governments plan services and develop better policies to target support for children and families.

Children don't miss any class time, and parents/carers don't need to supply schools with any new information for the census. The AEDC gives us data at a school and community level - it isn't an assessment of individual children.

Some teachers have noticed that completing the assessments made them more aware of the needs of individual children and the class as a whole and that the census results are useful in planning for transitions to Year 1 and developing class programs.

Participation in the AEDC is voluntary. Parents/carers don't need to take any action unless they choose not to include their children in the census.

To find out more about the census and how communities are using the data to help children and families visit the AEDC website: www.aedc.gov.au.

If you have any questions, you can contact **Laurel Bowkett – Principal on 49975222**.

World Laughter Day

Laughter may truly be the best medicine! On World Laughter Day, we celebrate the positive benefits of laughing.



Did you know... having a good, hearty laugh relieves physical tension and stress, leaving your muscles relaxed for up to 45 minutes afterwards? But wait, there's more! Here are seven benefits of having a good chuckle:

Laughter...

1. **Lowers blood pressure**, helping to reduce risk of stroke and heart attack.
2. **Reduces stress hormone levels**, curbing the impacts of stress and anxiety on your body. Just by thinking positive thoughts, neuropeptides are released that help fight stress.
3. **Keeps your immune system strong**; laughter increases immune cells and infection-fighting antibodies, improving your resistance to disease.
4. **Gives your abs a workout!** When you laugh, the muscles in your stomach expand and contract in a similar way to when you intentionally exercise your abs.
5. **Burns calories.** Laughing burns a similar amount of calories per hour as walking at a slow to moderate pace. One study found that laughing for 10-15 minutes a day can burn approx. 40 calories, which could be enough to lose nearly 2kg over the course of a year
6. **Releases endorphins**, which can help provide an overall sense of wellbeing and help ease chronic pain
7. **Is good for your heart**, improving the function of blood vessels and increasing blood flow, to help protect against a heart attack and other cardiovascular problems



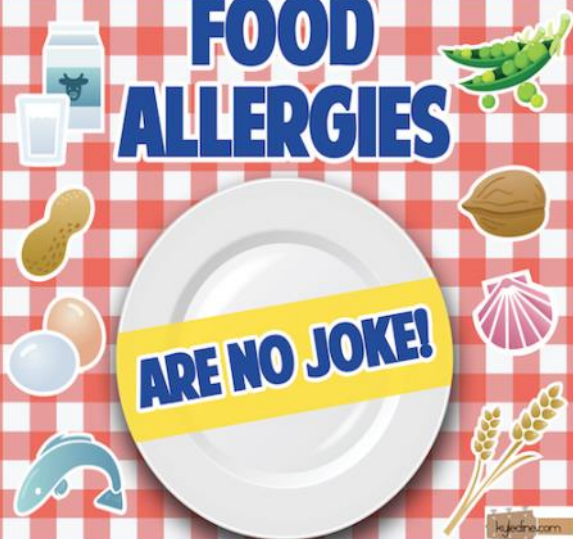
Give laughter a go this World Laughter Day. Your body can't distinguish between 'fake' laughter and 'real' laughter but the physical benefits are the same (and may lead to real smiles and laughter). Turn the corners of your mouth up into a smile and give a laugh and see how you feel afterwards. If you need some help, this video may help bring a bit of laughter into your day: <https://www.youtube.com/watch?v=E-iWZvdzeGM>

Gardening Club

During lunchtimes, Year 4, 5 and 6 students have been getting their hands dirty! They have been busy planting seeds and seedlings in our garden beds. It is a great lunchtime activity as they are learning about how to care for plants. They also get to see the rewards of hard work when they harvest some of the homegrown goodies. The gardening club would like to thank Mrs. Kelly Becker for her kind donation to help get the garden started.



FOOD ALLERGIES



ARE NO JOKE!

YOU can make a difference.
Keep your school **ALLERGY-SAFE!**

NEVER SHARE FOOD
ALWAYS WASH YOUR HANDS AFTER YOU EAT
TAKE FOOD ALLERGIES SERIOUSLY

RDSS Cross Country



On Thursday last week, twenty-five students who qualified for the Rockhampton District Sports Cross Country represented the Dawson Valley. Our team was made up of students from Moura, Baralaba, Woorabinda, Theodore, Banana and Bauhinia State Schools. Moura State School had ten students competing in the Dawson Valley team.



It was a hectic morning as there were reports of a traffic accident, and a refrigerated truck had caught fire earlier. This meant that Gladstone Road was blocked off, causing long traffic delays. The races were postponed to allow people to arrive due to the unforeseen circumstance.



All of our students performed valiantly and each student ran faster than their recorded time at Bauhinia State School back at the start of the term for the Dawson Valley Cross Country trial! It was a beautiful sunny day and a flat track. Each race had a minimum of 80 students competing. The students enjoyed the experience of racing against the other regions. Well done to all of our students that participated, and a big thank you to Mr Mortimer and Mrs Finlay for their assistance throughout the day!





Farm safety calendar competition now open!

Queensland primary school students are invited to submit drawings to illustrate a farm safety message and help promote the importance of farm safety to young Queenslanders and families in rural areas.

Entries close 25 June 2021.

Twelve winning drawings will be published in the 2022 Farm safety calendar and the winning entrants will each receive a \$250 voucher and \$500 for their school.

Winners will be announced in September 2021 and the free calendar will be available from October 2021.

How to enter

Students are encouraged to draw and colour a picture to illustrate one of the following farm safety messages:

- Electrical safety
- Animal safety
- Tractor and machinery safety
- Quad bike safety
- Water safety
- Health and wellbeing

[View more information about each safety message.](#)

Entries must be submitted on white paper using the [competition template](#) (PDF, 0.1MB).

For the entry to be valid, all fields on the template should be completed in legible handwriting, including the student's first and last names, grade, school name and a consent signature from the student's teacher, parent or guardian.

More information

Visit [our website](#) or call 1300 362 128 to find out more about the competition, download the [competition template](#) (PDF, 0.1MB) and read the [terms and conditions](#).



Moura State High School Agriculture Assistant

Temp, Full Time (76 hours/ftnt + ADO)
Duration: 12/07/2021-10/12/2021

An exciting opportunity exists for an Ag Assistant at Moura State High School. The role of Ag Assistant at Moura SHS involves a range of crop and land maintenance, animal welfare and equipment management.

The suitable applicant will have skills in general maintenance and repair tools/machinery, knowledge & understanding of workplace health and safety and associated policies and procedures, ability to effectively manage livestock, plantation and crop growing and a positive, enthusiastic attitude.

To apply please submit the following:

- A brief resume (no more than 3 pages) including contact details for 2 referees (one of whom should be your current supervisor).
- A maximum two (2) page written response outlining your suitability for the role. It is encouraged for the 'How you will be assessed' criteria to be used for your written response (See the Job Description).
- Employees must have or be willing to obtain a paid Working with Children Blue Card

The position's Role Description and Full Job Ad can be found on the Moura SHS website via the following link: <https://mourashs.eq.edu.au/our-school/employment>

Applications close on **Friday, 14 May 2021.**

Applications must be submitted, marked 'confidential' to the Business Manager via email to bsm@mourashs.eq.edu

Should have any questions please contact, Georgie Crawford, Business Manager, on 4997 5888.

Education Queensland is an Equal Opportunity Employer. Government regulations prohibit smoking within the school grounds. Confirmation of employment is conditional upon the preferred applicant being issued with a Suitability Card from the Commission for Children and Young People and Child Guardian.

Any resumes previously submitted should be resubmitted if interested in this role.

MOURA STATE SCHOOL FACEBOOK PAGE



Moura State School
@MouraStateSchool · School

Edit Call Now



When:

Monday, Tuesday and Thursday mornings

Where: SEP

Time: 8.30am to 8.50am



NAPLAN Breakfast

A wonderful breakfast was enjoyed this week by our Year 3 and Year 5 students before they completed NAPLAN. Mrs Harsant and Mr Martens, along with their team of Year 6 helpers, did a fabulous job of filling the hungry bellies. A huge thank you is extended to our P&C who supplied the funds for the breakfast food, and allowed us to use their Tuckshop!

